

CURRICULUM VITAE

Anthea Rowan

I'm a mother of three and began working from home as a freelance journalist in 2002. I have since written for a variety of national newspapers and magazines across the UK and Ireland, the States, Australia, Africa and the Emirates. I have been nominated for two media awards <http://www.sahealthinfo.org/mentalhealth/mediaawards.html> and was shortlisted by the Society of Women Writers and Journalists <http://www.swwj.co.uk> for a life writing competition. I wrote a blog at New York's Psychology Today <http://www.psychologytoday.com/blog/living-around-the-blues>. I collaborated with photographer Paul Joynson Hicks on a book, Saadani, a Celebration. Additionally – more recently, during 2015 - I as engaged by global NGOs WaterAid, UK and UNICEF to write think pieces and highlight the plight of refugees. I also worked with German Government development agency, GIZ, on a business publication profiling businesses and top end management in Tanzania against the backdrop of the East African Community. Most recently I have been approached by The Continent to supply regular copy on the region.

Journalism

The Daily Telegraph; The Weekly Telegraph and Telegraph online

Links to samples below:

<http://www.telegraph.co.uk/education/expateducation/8752000/School-can-be-a-lonely-place-if-youre-the-only-boarder.html>

<http://www.telegraph.co.uk/education/expateducation/8029615/Adult-and-distance-learning-why-Hattie-is-virtually-the-star-pupil-at-home-school.html>

<http://www.telegraph.co.uk/education/expateducation/8395176/When-is-the-best-age-to-send-your-child-to-school.html>

<http://www.telegraph.co.uk/education/expateducation/8278229/Break-down-the-language-barriers.html>

<http://www.telegraph.co.uk/education/expateducation/8846162/Know-your-child-before-opting-for-the-International-Baccalaureate.html>

<http://www.telegraph.co.uk/education/expateducation/8076313/The-International-Baccalaureate-versus-A-levels-which-one-will-help-your-child-shine.html>

<http://www.telegraph.co.uk/education/expateducation/8751992/Do-your-homework-on-school-fees.html>

The Times

<http://www.thetimes.co.uk/tto/life/families/article1757593.ece>

<http://www.thetimes.co.uk/tto/health/article1789179.ece>

<http://www.thesundaytimes.co.uk/sto/style/fashion/article210656.ece>

<http://www.thetimes.co.uk/tto/life/article1715775.ece>

<http://www.thetimes.co.uk/tto/life/families/article1757351.ece>

The Sunday Times

Review section: First person piece, domestic violence against men; First person piece - bullying Style magazine – 34AA ... and proud (Jan 2006); Aspiring to Improve my Average (2010);

Guardian/G2

To Have and to Hold – on marrying young

<http://www.theguardian.com/world/2004/oct/04/gender.uk>

Guardian Abroad

Regular submissions to www.guardianabroad.co.uk for the duration of the site's life

The Examiner (Ireland):

Regular contributor of features across a broad subject range as well as back page column, *Last Word* for a year.

The Tablet

<http://archive.thetablet.co.uk/article/26th-august-2006/4/simple-as-shelling-peas>

<http://archive.thetablet.co.uk/article/25th-march-2006/16/worlds-biggest-killer>

The BBC (Focus on Africa magazine)

http://www.bbc.co.uk/focusonafricamagazine/news/story/2009/09/090925_tanz_charcoal.shtml

Readers Digest

Local Hero – Colin Javens (August 2006) – as a result of the story and subsequent votes, Colin Javens nominated for Readers Digest Hero of the Year award (April 2007 edition)

The Big Issue

Spinal Injury and Stem Cell (June 2006)

Prima:

Depression – first person piece (March 2006)

Eve:

Secrets (July 2005)

Psychologies (UK)

Bullying (Autumn 2006)

Irish Tatler:

Dying to be a skinny kid – June 2003; Domestic Violence – September 2003

Living Abroad:

The Challenge of Raising Kids in Africa; The Value of Medical insurance abroad; When do you stop feeling British; The Impact of Cyberculture on Life Abroad; The importance of an International Education.

In addition for two years I wrote a regular column for the magazine describing life in Africa.

Viva (UAE)

On being 40 (March 2006), Women in Politics (April 2006); Kate McAlpine and Africa's Street Children (May 2006); Cord Blood investigation (February 2007).

Australian Women's Weekly

Depression in Australia; Women: The Guilty Party

Marie Claire SA:

Depression in South Africa (June 2005); Domestic Violence against men (July 2005); Infidelity (August 2005); EPA, the new St John's Wort? (October 2005); Bride Price in Africa (April 2006)

Femina SA:

Regular back page column (humorous reflections of wife and mother) for a year as well as assorted features: On Turning 40 (2006); Bullying (March 2006); Anorexia in Children (April 2006); Men and Plastic Surgery (Aug 2006); Travel – Croatia (November 2005); Inside the Mind of the Teen (April 2007).

Fair Lady SA:

Working v Stay at home mothers – who wins? Adversity – does it make us better people? Good Grief; The Sandwich Generation; Women in Agriculture in Africa; Malaria; Adversity: does it make us better people; Dads in the delivery room; Single parent or two – what's best?; Sex Surveys: the Truth?; The Amazing Teen Brain;

Cosmopolitan Kenya:

Depression in Kenya (March 2005); Emotional Abuse (April 2005); Friendships (May 2005); How to Ace at interviews (June 2005); Alcoholism in Kenya (July 2005); Cosmetic Surgery in Kenya (Nov 2005); Kenyan Athletes (2006); Book review

Travel News and Lifestyle:

East African glossy produced in Kenya: Regular slot since August 2002, and a monthly column on health for a year. Since then the magazine has morphed as an e-zine and I continue to contribute regularly.

Destinations (Kenya) and **African Footsteps** (Africa/East Africa): I was a regular contributor to both of these travel glossies, both launched 2010.

Zambian Traveller

I have contributed regularly over the past year (2013/14) describing journeys in Kenya, Tanzania and Zambia